



## How long do Seiko Kinetic watches last?

Most automatic watches can last for around 50 hours and the maximum numbers would be less likely to go over a couple of days. However, the power reserve in Seiko kinetic watches can be measured in months. To be honest, comparing Seiko's kinetic movement and its solar energy watches is more likely about preferences.

What is the difference between automatic and Seiko Kinetic movements?

Automatic watches store the energy inside the spring while Seiko kinetic movement uses a capacitor to store the energy. That said, both movements have fairly similar ways to keep the watch running - both need regular wearing for the rotor to gain energy. In addition to that, Seiko offers better power reserve in its kinetic movement.

## How long does a Seiko charge last?

Well,Seiko say a single charge can last up to 6 months! So you don't need to become obsessed with walking around holding your wrist aloft to the sun for fear of it stopping as soon as the sun goes down.

How does a Seiko Kinetic watch work?

The word 'kinetic' might give you a little clue about how the movement works. The Seiko Kinetic watch contains an internal electrical generator referred to as a capacitor. It gains energy from any movement made by the wearer's wrist once it is used. Yes, it is similar to how self-winding watches work.

Are Seiko Kinetic watches eco-friendly?

As for the source of energy, Seiko kinetic watches need to be regularly worn to maintain the watch's function. On the other hand, eco-friendly watches only need light to recharge - natural or artificial light. That said, the answer does really depend on how you are willing to take care of your watch.

## Does Seiko produce solar watches?

Seiko has a long history with solar technology. However, Citizen was the first to release a solar watch, with Seiko coming after. I have a very old Citizen solar watch that has performed well for the last 10 years.

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